

Beyond Burnout: Tackling Psychosocial Risks and Building Mentally Healthy Workplaces

Thursday 3 December
13.00 – 14.00 CET

Work-related stress, burnout, and poor mental health have become defining challenges of contemporary labour markets. Intensified workloads, job insecurity, always-on connectivity, and – increasingly – algorithmic surveillance are driving a crisis in worker wellbeing. While mental health is now recognised as an occupational safety and health issue, regulatory and enforcement frameworks remain patchy, and many employers treat it as an individual problem rather than a systemic one.

This webinar will examine the policy landscape on psychosocial risks, drawing on OECD research on job quality and mental health. Speakers will discuss what effective regulation looks like, the role of worker autonomy and control, and how unions can push for stronger employer obligations. The session aims to equip affiliates with evidence and strategies for advancing mentally healthy workplaces in their own national contexts.

**Moderator and speaker to be confirmed –
please check back again soon for more information**